## Supporting Parents after receiving a Down Syndrome Diagnosis

- Offer congratulations to parents first. Be calm, comforting and reassuring.
- Offer encouragement, positive literature and support information.
- Offer a DSAV New Parent Support Folder as a first resource and share the Down Syndrome Association of the Valley contact information.
- Give parents the information they are requesting. Take their lead, some parent crave information and others are not ready to hear everything at once.
- If you are unsure of how to answer any questions share that you do not know the answer but the DSAV can answer any additional questions they have.
- Do not presume to predict what a child's life will be like. Offer positive information.

